



SCAFFOLDING: Students must be able to understand that food is prepared before it is eaten. They need to understand that some ingredients have to be mixed with other ingredients (ex. flour) or need to be cooked (ex. eggs) before they can be eaten.

MATERIALS: Materials are based on the recipe. You can find excellent recipes on Pinterest and? If you are going to have a shop, you will need coins and stickers to write the price of each item, and a box to serve as a cash register. If you have non-verbal students, prepare visuals for requesting and identifying items in the lesson. Extra copies of the recipe for Let's Share.

LINK: Show a video, picture or read a book based on what you are going to make. Ask them if they have ever eaten whatever it is you are making.

LET'S SHOP: This step is optional but is a great opportunity to practice requesting, counting and money identification. Prepare the shop with all the items you will need for cooking. If you want you can also include the utensils. Have stickers for the price ready to place on each item as appropriate to the individual shopper

1. Choose a shop keeper. This person will receive the money. Depending on the student's ability, he can either count the money or simply place it in a box.
2. Place all items out to buy.

3. Selected student goes to the shop and states what he wants to purchase. You place a sticker on the item. Student counts out the required amount, hands the money to the shop keeper and returns to his seat with the item.

4. Continue to all items are purchased.

LET'S COOK: 1) Read the recipe with the students. Review vocabulary for any items that are unfamiliar.

2) Allow each student to participate with **each** step in the recipe. Provide hand over hand assistance if necessary.

3) If there is a wait time before the food is ready (it needs to bake, chill, freeze), have an activity prepared. Sometimes just taking a walk down the hall for a drink of water or a trip to the bathroom is all you need. It's a good idea to give the students the opportunity to move during this break.

LET'S EAT: Prior to eating, have everyone wash their hands. Give each student a portion of the food. If a student does not want any, tell him you are just going to give him a little bit, but he doesn't have to eat it if he doesn't want to. Often watching others enjoying food is all that is needed to get someone to give it a try. For students that would like to eat a lot, make it a rule—seconds only, no thirds! Encourage discussion about the food.

LET'S SHARE:

1) Do a tally. How many students liked it, didn't like it or just thought it was okay.

2) Ask the students if they would like a copy of the recipe to take home and make with their family.

3) Select a couple of students to take any leftovers to the office to share with the office staff.

4) Share ideas on what they would like to cook next.

HAPPY COOKING!

